Children & Young People 0-19 Public Health Service
Single Point of Access (SPA)
Contact Details:
SPA Email: cyp0-19@oxfordhealth.nhs.uk
SPA Tel No: 01865 903800
Website: Oxfordshire school nurses - Oxford Health NHS Foundation Trust

May 2026

Information for parents and carers of year 6 students

Dear Parents and Carers,

As your child prepares to enter secondary school, we want to introduce you to the 0-19 Children and Young People's Public Health Service (0-19 CYP). This service is commissioned by Oxfordshire County Council and delivered by Oxford Health NHS Foundation Trust. Our service is organised locally, bringing together a team of health professionals—including School Health Nurses, Health Visitors, Public Health Community Nurses, Community Public Health Associates, and School Health Care Assistants. Working together as a locality team, these specialists collaborate to address any health concerns your child may have, ensuring they receive the support they need throughout their school journey.

Our teams collaborate closely with teaching and pastoral staff within schools, offering tailored support and guidance to students. This partnership aims to empower young people to make informed, healthy lifestyle choices and promotes overall wellbeing throughout their school journey.

Schools are encouraged to engage with the school health nursing team for assistance in developing health care plans. This ensures that any student with a health condition receives a personalised plan, so their medical needs are clearly understood and safely managed within the school environment.

School Health Nurses

School Health Nurses are highly qualified professionals who have undertaken advanced training in public health, which equips them with the expertise required to care for young people in the school setting. Not only do they provide direct care, but they also lead and support their teams in delivering the highest standards of evidence-based practice. By offering tailored guidance and support, School Health Nurses empower students to make informed decisions about their health and wellbeing, while ensuring their safety is prioritised throughout their time at school.

Transition health review

If you have any concerns about your child's health, or any queries regarding how their health needs will be supported as they start at their new school, please do not hesitate to contact our team via the Single Point of Access (SPA) using the contact details provided above. We are here to assist you, and our priority is to ensure your child's transition is both smooth and safe.

During the Autumn Term, a member of our locality team will be available in school to carry out a transition health review for your child. If you would like your child to take part in this review, please contact the SPA (details above) and provide your child's name, date of birth, school and any particular concerns or requirements you may wish us to consider.

Parents and carers do not normally need to attend the health review, but you are very welcome should you wish to be present.

School health nurses provide a welcoming, approachable, and confidential service for young people. Students will be informed of the regular days when nurses visit the school, allowing them to drop in or book an appointment as needed. We recommend that parents and carers consult the school health nurse page on the school's website, as it outlines the health services available within your child's school.

Confidentiality, safeguarding, and record keeping.

The service provided by the 0-19 CYP team is independent from the school, and nurses can offer a safe space for students to discuss any worries they may have. If there are concerns that the child/young person or other young people are at risk of harm, this information will be shared to ensure their safety. School health nurses maintain confidential health records on all children and young people using the services of Oxford Health NHS Foundation Trust. These health records can be viewed by the GP practice and will be held securely in accordance with Caldicott Guidance and in line with the General Data Protection Regulations 2018.

Parent/Carers Health records

As part of our new 0-19 service model, with school health nurses and health visitors working as one team, we want to make you aware that we may occasionally need to access parent/carers' health records. This is to ensure we provide the best care and support for your child. We will only access these records for safeguarding concerns and follow established practices.

We are committed to protecting your privacy and will only access health records when absolutely necessary.

Oxford Health Privacy Policy

Easy read patient privacy notice

Medical Conditions

It is important that schools are aware of any medical conditions your child may have prior to starting school, including conditions that may be under control and managed purely at home. You should have received a medical form prior to your child starting school. Please remember to update school staff if there are any changes to your child's health.

Medicines in schools

If your child needs medication to be available in school, or they need to take medication during the school day, you will need to discuss this directly with school. Be aware that schools have their own procedures for administering medication. As part of this procedure, you may be asked to complete a consent form giving permission for medication to be given. It is the parent/carers responsibility to ensure any medication given to school is in date, and that it is replaced before it has expired.

Asthma – children with asthma need to have a spare (full) inhaler in school for emergencies and should have a spacer as required.

Children with Special Educational Needs

If your child is on the SEND pathway the service can offer a health review or signpost to relevant services for support.

Oxfordshire SEND local offer | Oxfordshire County Council

ChatHealth

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0-19 CYP Text messaging service for support or advice

We offer a text messaging service for children, young people and parents. Children at secondary school can use this service to contact a member of the school health service at any time. While the service is available 24/7, messages will be responded to during working hours, Monday to Friday (excluding Bank Holidays), between 9 am and 17:00.

Parents and carers may also use this service for advice and support. This service is confidential, meaning your messages will not be shared outside the 0-19 CYP team unless there are safeguarding concerns that require action to keep you safe.

0-19 CYP Text messaging service for support or advice

ParentLine 0-4 yrs	**Text: 07312263081**
ParentLine 5-11 yrs	**Text: 07312263227**
Parent line 11-19 yrs	**Text: 07312263084**
ChatHealth 11-19yr olds	**Text: 07312263084**

School Aged Immunisation Service (SAIS)

Vaccinations for school-aged children are delivered in schools by the School Aged Immunisation Service (SAIS), which is operated by Oxford Health Foundation NHS Trust. SAIS works closely with the 0-19 service to ensure that all children and young people receive their vaccinations in line with the UK immunisation schedule. Parents and carers are usually notified by email from the school when vaccinations are due, including instructions for completing an electronic consent form. For further details regarding the vaccination schedule, visit www.nhs.uk/vaccinations.

Vaccinations administered in secondary school

Year 8
Human Papilloma Virus (HPV) – now offered to both girls and boys. This vaccination provides protection against the HPV virus, which is associated with an increased risk of certain types of cancers as well as genital warts.

Year 9

- **Tetanus, diphtheria, and inactivated polio (Td/IP)** – this vaccination completes the series of five vaccinations started in infancy, offering lifelong protection.
- **Meningitis ACWY (MenACWY)** – administered at the same time as Td/IP, this vaccine protects against four strains of meningitis.
- **Measles, Mumps and Rubella (MMR) catch-up** – by the time students reach secondary school, they should have received two MMR vaccinations for lifetime protection. Year 9 students are given another opportunity to receive this vaccine if any doses are outstanding.

Checking your child's vaccination status
This is an ideal time to confirm whether your child has received all scheduled vaccinations, especially if you have followed a schedule in another country. To check which vaccinations your child should have received, visit www.nhs.uk/vaccinations
If you are unsure, consult your child's Red Book or contact your practice nurse or GP to arrange any vaccinations that may be outstanding.

Contact and support
For queries about vaccinations, including issues with completing the electronic consent form, please email **immunisationTeam@oxfordhealth.nhs.uk** . The team is available to help with questions about the vaccination schedule, missing doses, or consent forms.

Useful health information

Free Eye Tests
Eye tests for children are essential health checks and are free for every child under 16 and every young person under 19 if they are in full-time education. They are easy to arrange by phoning your local optician to book an appointment.

NHS Dentists
For help with finding an NHS dentist How to find an NHS dentist - NHS
If after contacting several dental surgeries, you cannot find a dentist accepting NHS patients please call the NHS England's Customer Centre 0300 311 2233.
For general enquiries regarding Oxfordshire dental practices
email: dental.referrals@oxfordhealth.nhs.uk or phone 01865 904040 Monday-Friday 8.30-16.30hrs

Better Health Lets do this (NHS)
Kick-start your health
Better Health - NHS

Beezee Families is Oxfordshire's free, award-winning healthy lifestyle programme for the whole family.
- Get expert support and practical tips from our nutritionists
- Discover delicious and nutritious meals
- Find fun ways to get more active
- Join our 12-week groups sessions in-person or online
- Or learn at your own pace with our Beezee Families Academy.

Eligibility Criteria
To be eligible, families must:
- Live in Oxfordshire
- Have a child aged 4 to 12 years old who's above their ideal weight based on the NHS BMI centile chart (on or above the 91st centile). Calculate body mass index (BMI) for children and teenagers

The NHS website
Find information and services to help you manage your health
NHS website for England - NHS

Healthier together
It can be difficult to know when your child needs to see a doctor and when it's safe to care for them at home. The Healthier Together website and app have been developed by local NHS healthcare professionals to help parents and carers make confident decisions about their child's health.

Family Information Service (FIS) Oxfordshire County Council Website for more information and guidance for families Oxfordshire Family Information Service (OxonFIS) | Oxfordshire County Council

OXME -Youth website with local information for young people on all aspects of emotional and physical health
Wellbeing | OXME.INFO

Young minds – a national charity committed to improving children's wellbeing and mental health.
YoungMinds | Mental Health Charity For Children And Young People | YoungMinds

Child and Adolescent Mental Health Services (CAMHS)
Resources for parents and carers | Oxford Health CAMHS

NSPCC | The UK children's charity | NSPCC
NSPCC Helpline 0808 800 5000 or Email help@NSPCC.org.uk